

TSUMORI CHISATO



GET IN LINE It's swimsuit season and if you've yet to be converted to the brilliance of laser hair removal, Urbana, who were the first to bring pain-free laser to Ireland, have just introduced the Cynosure Elite Alexandrite laser to their progressive remit. It's the Ferrari of medical lasers and accelerates the defuzzing process no end. Just two sessions and our robust bikini lines were annihilated. Urbana, 9 Wicklow Street, Dublin 2, 01 635 1616; www.urbana.ie.

Beauty sleuth

We put the latest facial treatments and hair removal techniques through their paces.

TREATMENT ON TRIAL

VOLUMA FACIAL CONTOUR ENHANCER

WHY Having been struck down with a bad case of twisted gut, I dropped 14lbs in the space of week, 7lb of which seemed to have slid right off my face, leaving me with a Skeletor-like appearance. Despite putting the weight back on, my face remained gaunt, sunken and much older-looking than my fortysomething years. Depressed by this radical change, I ended up in Dr Rosemary Coleman's office, hoping she could exercise a miracle without resorting to anything drastic. As one of Ireland's most respected dermatologists, Rosemary's mantra is: "A woman should never look like she's had anything done." Considering I'd never subjected my *visage* to anything more extreme than a peel, this was reassuring. **WHAT** Rosemary suggested that a teeny amount of Voluma along my cheekbones would lift and enhance my facial contours subtly and restore a better sense of bone structure. She explained that Voluma is "a new generation of filler made from a thicker hyaluronic acid than standard fillers. This is an advantage because it holds its position much better under the skin and can last for up to two years (standard fillers typically dissolve within a year). Better still, it actually stimulates collagen production too, so it's ideal for building up structure on cheeks and the chin, both immediately and over time." As with all injectables, proper administration is crucial, because if used overzealously, you're into pillow-face Madonna territory. I was going for more of a Jennifer Lopez effect - looking better than ever at 41, Lopez, right, is reportedly a big subscriber to Voluma's rejuvenating effects. **HOW** After applying a numbing cream, Rosemary injected microscopic amounts of Voluma around my temples and along the cheekbones. She only administered the minimum amount of product and suggested I return in about a week for a top-up if necessary. Or if I wasn't happy with the result, she could dissolve it with an enzyme solution. **VERDICT** My face was quite swollen that evening, but the next morning that subsided, and my cheekbones were just slightly enhanced and my cheeks marginally plumper-looking, leaving my complexion much healthier-looking and more structured. As a bonus, the hollows under my eyes appeared less prominent, as did crow's feet, and six months later, not even my eagle-eyed mother realises I'd had anything done. **BOTTOM LINE** From €360. **CONTACT** Dr Rosemary Coleman, Suite 7, Blackrock Clinic, Blackrock, Co Dublin, 01 288 5333.



TREATMENT ON TRIAL

THE LIFT 6 FACIAL

In my ongoing pursuit to remain Botox-free, I was feeling in need of a boost recently, so I headed to the magical Dr Jane Mulrooney at The Clinic Sandymount Green for a peel and a blast of IPL, both guaranteed to buff my complexion and raise my spirits. They did just that, beautifully, but I was still in need



of a lift. A physical one. Facialist Nuala Woulfe had the solution - a workout with her Lift 6 machine. This handheld massaging device manipulates the face in three dimensions to firm, lift, boost collagen production and speed lymphatic drainage. It's the facial version of Endermologie - the cellulite and toning body treatment that's popular due to its excellent results. Lift 6 is painless, but feels like the sort of facial massage a physio would give you - one that pulls, sucks and pummels the lines and slack skin to submission. I had my treatment with a saline jet peel, a combination Nuala decided would deliver optimum benefits. When I sat up 90 minutes later, not only could I see a more vibrant me, with a healthy complexion and plumped-out cheeks, but my facial muscles were thanking me. They'd been revitalised and now they want more. **BOTTOM LINE** Lift 6 Facial, €100 per session; Lift 6 with Jet Peel, €130. **CONTACT** Nuala Woulfe Beauty Salon, 4C Glashule Road, Sandycove, Co Dublin, 01 230 0244; www.nualawoulfe.ie. **MM**

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